"Red Hill Family Focus"

Mid-Week Study and Fellowship Christian Life Center 6:00 p.m. to 7:00 p.m. Community Dinner 7:00 p.m. to 8:00 p.m. Study

We are ALL part of a family. Whether it is our family of origin, nuclear family, church family, and/or our work family, we will experience the love, joy, companionship, and happiness that families offer, as well as the conflicts, struggles, and challenges that are a part of family life. As the old saying goes, this is indeed <u>life</u>. However, as Christians, we can relate to others wisely and well! We can develop healthy relationships through Jesus' grace and power. In the Bible, we learn to "do family" God's way. Consequently, in May, we will explore the nature of our relationships; as individuals, as a family, and as a community of faith.

May 11th: "The Power to Forgive and Reconcile." Teacher: Claire Frazier-Ysaguirre.

When we forgive, we affirm: "who you are is more important to me than what you did." This seminar teaches how to activate the healing process of forgiving with one's soul, mind, heart, and will. The goal of forgiveness is to build a new and stronger relationship, not to "fix" an old one. Forgiveness requires a merciful heart; reconciliation entails a just behavioral change. The journey from forgiveness to reconciliation is an essential part of a healthy relationship. Participants will learn about:

- How to restore the offender's dignity in our soul and mind
- How to cancel the emotional debt in our heart
- How to integrate mercy and justice

May 18th: "Strengthening Family Unity" Teacher: Claire Frazier-Ysaguirre.

Family unity is a gift from God that Jesus promised if we love one another as He loved us. This seminar examines the dynamics of mutual love in daily family life and the measure of love that makes unity possible. A life of unity requires that we give ourselves unconditionally and joyfully, that we accept others radically and compassionately, and that we share concretely and generously. When we are united, we experience the intimate life of God and we are truly a family. Participants will learn about:

- Practicing radical acceptance of others
- Unconditional self-giving
- Promoting a culture of sharing

May 25th: ""Correcting Behavior without Crushing Character" Teacher: Mr. Roger Marsh, *Homeward Family Ministries*.

In this seminar, Roger Marsh will guide us through nine ways parents can help to teach their children Christian discernment and value judgment in positive, affirming ways. As Christian parents, we need to move past the desire to simply raise "happy kid;" and toward the ultimate goal of raising responsible adults who love God and consequently make godly decisions. Again, even if you are a grandparent, not married, or engaged to be married, these topics can apply to you! Everyone is welcome to join us in this Red Hill Family Focus.